



Erin's Permanent Makeup

Post Procedure Instructions

Immediately Following the Cosmetic Tattoo Procedure:

- Your permanent makeup will look TOO DARK! (Eyebrows and Eyeliner) and TOO BRIGHT! (Lips.) A light scab will form and flake off as you heal. Your permanent makeup will look softer by day 7.
- Apply an icepack to treated area for 10-30 minutes at a time. Ice helps reduce swelling and aids in healing.
- Sleep elevated at a 45 degree angle for the first 2 nights to reduce swelling.
- Apply pressure to lips with a dry paper towel for 24 hours.
- Benadryl and 800mg Ibuprofen will help reduce any pain and swelling

For **14** Days Following Cosmetic Tattoo Procedure:

- Use a clean Q-tip to apply ointment at least 3 times a day. (More often for lips.)
- Do not expose treated area to the sun. (Sun exposure during the first week will lead to heat blisters on the lips, which will hurt and result in color loss.)
- You may apply makeup over the treated area after 4 days, but remove with Vaseline.
- Absolutely no cleansing creams or chemicals. Gently cleanse the intradermal cosmetic area with mild antibacterial soap (Dial). You may rinse with water and lightly pat the area dry.
- Absolutely **no picking or scrubbing**. Do not pick at the epithelial crust; allow it to flake off on its own.
- Do not soak treated area in bath, swimming pool or hot tub. Do not swim in fresh, salt or chlorinated pool water.
- Do not expose treated area to full pressure of the water in the shower.
- You may feel itching after 2 -3 days, this is normal. Do not scratch! Apply ointment to help minimize the sensation.
- Drink through a straw. (For lip procedures)
- Avoid touching your procedure area. This can transmit bacteria into the area and lead to an infection.
- 1000mg of Vitamin C twice a day for bruising.

Failure to follow post-treatment instructions may cause loss of pigment, discoloration or infection.

Remember, colors appear brighter and more sharply defined immediately following the procedure. As the healing progresses, color will soften. Makeup may be used to tone color down until this time. Lips will not have their full color until 8 weeks of healing.

If necessary, an appointment for a touch up procedure may be made after 8 weeks following the initial procedure at no extra charge.

IF YOU HAVE ANY QUESTIONS CALL (405) 408-2267

Enjoy your permanent cosmetics!

I have read and understand the above instructions _____
Signature