

Pre-Care Instructions

Give Yourself Healing Time...

Since delicate skin or sensitive areas may swell slightly, or redden, it is advised not to make social plans for the same day. Lip color may appear “crusty” for up to one week.

For all procedures

Please wear your normal make-up to the procedure. Bring your favorite eyebrow and eyeliner pencils as well as your favorite lip color.

Some medications and herbs can increase bleeding and swelling, i.e.; aspirin, blood thinners, diet pills, vitamin E, multi-vitamins, niacin, st johns wart, evening primrose oil, and ginkgo-biloba. Please discontinue use of these for at least 24 hours before all procedures. However, NEVER DISCONTINUE A MEDICATION YOUR PHYSICIAN HAS RECOMMENDED WITHOUT CONSULTING HIM OR HER.

Please avoid alcohol the day of the procedure as this also increases bleeding and swelling.

If you are required to take an antibiotic pre-med before dental treatments, you must take it before any permanent makeup procedure.

Plan a shopping trip ahead of time for items you will need: Aquaphore Ointment or Lansinoh Lanolin, straws (for lip procedures), Q-tips and any prescription that you may need.

Eyeliner

- Do not wear contacts to the procedure or for 24 hrs after.
- Bring sunglasses to wear home. Eyes may be light sensitive.
- Do not dye or perm lashes for 2 days prior and for one week after.
- Do not use eyelash curler the day of the procedure.
- If you have had any type of eye surgery, consult the physician about how long you should wait before having a permanent eyeliner procedure.

Eyebrows

- Do not tweeze, wax or dye brows for 2 days prior and one week after.
- Electrolysis should not be done for a week prior

Lips

- Understand that Fever Blisters are a very common side effect of lip tattooing. I strongly suggest getting your doctor or dentist to prescribe an oral medication prior to any Lip procedures
- If you have had any type of lip surgery, consult with the physician about how long you should wait before having a permanent makeup procedure on the lips. Most physicians are giving a 3 week ok after lip filler injections like collagen or Restylane. If the lip surgery involves an incision (like a lip implant), the incision needs to mature about 6 months before tattooing on top of it.

I look forward to working with you. If you have any questions, please call or make notes so I can discuss them with you when you arrive for your appointment.